

AERÓBICOS / BAILE / COMBATE

Instructores & Horarios de Clases Grupales



| HORARIO | LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES | SÁBADO | HORARIO |
|-------------|-------------------------------------|--------------------------------------|-------------------------------------|-------------------------------------|----------------------------------|------------------------------|-------------|
| 6:00 7:00 | Cristian Quizhpi BAILE | Cristian Quizhpi STEP | Juan Diego Vega MIX | Cristian Quizhpi PROGRAMA | Cristian Quizhpi BAILE | | 6:00 7:00 |
| 7:00 8:00 | Cristian Quizhpi BAILE | Geovanny Palacios PROGRAMA | Juan Diego Vega COMBAT | Geovanny Palacios STEP | Cristian Quizhpi BAILE | | 7:00 8:00 |
| 8:00 9:00 | Jhimpson Peralta BAILE | Geovanny Palacios COMBAT | Jhimpson Peralta PROGRAMA | Geovanny Palacios BAILE | Jhimpson Peralta STEP | Rody Vasquez ZUMBA | 8:00 9:00 |
| 9:00 10:00 | Jhimpson Peralta COMBAT | Rody Vasquez ZUMBA | Jhimpson Peralta STEP | Rody Vasquez ZUMBA | Jhimpson Peralta BAILE | Rody Vasquez ZUMBA | 9:00 10:00 |
| 18:00 19:00 | Jhimpson Peralta BAILE | Geovanny Palacios PROGRAMA | Jhimpson Peralta STEP | Geovanny Palacios COMBAT | Jhimpson Peralta BAILE | | 18:00 19:00 |
| 19:00 20:00 | Jhimpson Peralta PROGRAMA | Geovanny Palacios BAILE | Jhimpson Peralta COMBAT | Geovanny Palacios STEP | Jhimpson Peralta BAILE | | 19:00 20:00 |